

# Mindful Photography

## Resource List



### Books and Journals

- Czakon, D., & Michna, N.A. (2015). *Art as play. Philosophical comparison of adults' and children art.* 1, 1-4.  
[https://www.researchgate.net/publication/283906947\\_Art\\_as\\_play\\_Philosophical\\_comparison\\_of\\_adults%27\\_and\\_children%27s\\_art](https://www.researchgate.net/publication/283906947_Art_as_play_Philosophical_comparison_of_adults%27_and_children%27s_art)
- Fulford, J., & Halpern, G. (2014). *The photographer's playbook.* Aperture Foundation.
- Gibson, N. (2018). *Therapeutic photography: enhancing self-esteem, self-efficacy and resilience.* Jessica Kingsley Publishers.
- Greenhalgh, W. A. (2017). *Stop look breathe create.* Ilex Press.
- Henegan, P. (2008). *Raising pupils' aspirations and confidence through a photography collaboration* [Case study]. 14, NSEAD.
- Howrth, S. (2022). *The Mindful Photographer.* Thames & Hudson Ltd.
- Mawtus, B., Rodriguez-Cuadrado, S., Ludke, K.M., & Nicolson, R.I. (2019). *Developing creative thinking skills in adolescents through play-based pedagogic planning principles.* 25 (2), 91-94.  
[https://www.researchgate.net/publication/333673566\\_Developing\\_creative\\_thinking](https://www.researchgate.net/publication/333673566_Developing_creative_thinking)
- Moore, A. (2018). *The collage ideas book.* ILEX, Octopus Publishing Group.
- Perry, G. (2014). *Playing to the gallery.* Penguin Books.
- Rosen, M. (2019). *Michael Rosen's book of play! Why play really matters, and 101 ways to get more of it in your life.* Wellcome Collection.
- Slater, F. (2020). *Breathe out: a creative guide to happiness for teen minds.* Michael O'Mara Books Limited.
- Yabsley, L. (2019). *The photography ideas book.* ILEX, Octopus Publishing Group.